



## SKY DIVE & PARACHUTING INFORMATION PACK

### **TANDEM SKY DIVE – Freefall from 12,000ft**

The most popular option.....After a short pre-flight briefing, you will be securely attached to the front of an experienced instructor who wears a parachute built for two! You will jump from up to 12,000 feet, sometimes even higher! After leaving the aircraft you will spend thirty to forty seconds in freefall! The instructor is in charge of opening the large square parachute at about 5000feet, and helps you to steer it down to the landing area!

### **STATIC LINE JUMP – all by yourself!!**

You do this one all by yourself -a real achievement! Unlike a tandem jump you get to jump solo from up to 3,000 feet using an automatically opened parachute. You will receive a full day's instruction from fully qualified instructors – you will practice the basic skydiving. What's more this is an ideal way to find out if you want to progress in the sport of parachuting and of course raise valuable funds for Wakefield Hospice at the same time.

Your first jump will be from over 3000 feet, Training requires just one day of instruction and practice in basic skydiving techniques (how to exit the aircraft and fall away in control) and how to steer and land your parachute.

### **ACCELERATED FREEFALL (AFF) – if you're serious about becoming a skydiver!**

The AFF Course is designed to suit the needs of each individual. The course normally runs over a complete week, starting on a Monday and (weather permitting) finishing on the following Friday.

Your first jump will be freefalling from 12,000 feet! jumping is preceded by a full day of ground instruction and practice in the methods and techniques required to become a skydiver. You will be in charge of pulling your own ripcord to open the large square main parachute at around 5,000 feet. Two specially qualified instructors are there to help -holding on to you all the way in freefall!

## **FAQs**

#### ***When can I jump?***

The airfield is open 7 days a week, 52 weeks a year. You can jump on any date apart from Christmas Day, so long as there is availability.

#### ***Where is the airfield?***

We use Langar Airfield in Nottinghamshire. Contact details and directions can be provided up on request. It takes around 1 hour to reach the airfield from Wakefield.



**Are there any restrictions on age or health?**

Yes. The minimum age is 16 years. For those less than 18 years of age a separate signed letter of consent from a parent or guardian must be sent along with your application. There is no maximum age limit!

However, if you are 40 years of age or over, or have suffered from any of the following, you must obtain written approval from your doctor on the Declaration of Fitness Form, to be sent with your application: previous fractures, back strain, arthritis and severe joint sprains. Chronic bronchitis. Asthma. Rheumatic fever. Pneumothorax. Liver or kidney disease. Thyroid, adrenal or other glandular disorder. Chronic ear or sinus disease. Any condition which requires the regular use of drugs. Anaemia. Recent blood donation.

**NB:** due to varying levels of severity, some applicants who are excluded using the above criteria may still be fit enough to make the tandem skydive. Please call to discuss.

**What about insurance?**

You will be covered third party via the British Parachute Association. However, this does not cover you for personal accidents. You can buy additional insurance to cover this. We recommend Sky Cover. £25 will cover you for a single jump and can be bought by calling 0844 892 1515 or buy online at [www.sky-cover.co.uk](http://www.sky-cover.co.uk)

**How do I book my jump?**

Complete the booking form and return with your deposit to: Emily Osborne, Wakefield Hospice Fundraising, Aberford Road, Wakefield, WF1 4TS. You will receive confirmation of your booking directly from the airfield.

If you require any additional information after receiving this, please contact either Emily Osborne at Wakefield Hospice 01924 213900 or the airfield directly 01949 860878.

**How does Wakefield Hospice benefit?**

Taking costs into consideration, by imposing a minimum sponsor of £395, the hospice will receive a minimum of £165. We recommend that you make your sponsors away of this when canvassing for sponsorship.

**What about the weather?**

Sky diving and parachuting is totally dependent on the weather. On the day of your jump, if conditions are not suitable, you will be asked to return to the parachute centre on another occasion(s) to complete your jump. This can be arranged for a mutually suitable date and time.

**Can I have my jump filmed?**

Yes. It will cost you £75. For this you will receive a DVD and still photos. Please advise if you would like this on your booking form in the comments section. However, if you are unsure at the point of booking, you can add this service at a later date.