

Managing Bereavement in the Workplace

Understanding bereavement and loss

This half day training session will give participants the opportunity to develop their understanding of the principles which underpin bereavement. Suitable for all professionals/organisations/voluntary services who support people within the workplace who have or are experiencing a bereavement.

The Introduction to Bereavement will include the following topics

- The Experience of grief
- Overview of theories and contemporary models of grief
- Identify symptoms of grief and how loss impacts on people experiencing loss
- Communication Skills - empathic listening and the use of appropriate language.
- Developmental reactions to death and bereavement
- Understanding 'Complex Grief' and when to refer for further support.

Learning outcomes

- Understanding of what loss and grief are
- Understanding of the grieving process and how it affects people.
- Develop their own skills for effectively supporting someone who is grieving within the workplace.
- Understanding their own support needs when working with people who are grieving.

Available Dates

Thursday 20th April 2023 | Thursday 27th April 2023 | Thursday 11th May 2023
Thursday 18th May 2023 | Friday 16th June 2023 | Thursday 22nd June 2023

Cost: £80 per attendee including lunch

This full day training will be presented both face to face at Wakefield Hospice we can also offer virtual sessions delivered via Microsoft Teams, we are very flexible in our approach and offer bespoke group sessions within the workplace for a minimum of 10 people per organization please contact Wakefield hospice for details and special rates for group bookings.

For all our virtual sessions please ensure all participants have access to a microphone and camera as these sessions are designed to be interactive. It has been decided that in order to gain the most from this session we would like to request a maximum of 10 attendees. Further face to face sessions can be arranged at your request. Further training will be announced at a later date.

