

NEWSLETTER

SUMMER 2022



Loose Women star launches resilience charity appeal for Wakefield Hospice at a lunch event



Jane McDonald has lent her support to our £250k resilience fundraising appeal which we launched on 25th May at a charity 'lunch with Jane' held at Leeds United FC's Centenary Pavilion.

contribute towards the £4.2 million annual running costs of the hospice of which 75% is made up through fundraising efforts.

Helen Knowles, Director of Income Generation, at Wakefield Hospice said: "The pandemic has hugely impacted the hospice, both financially and operationally. We are committed to fight back this year with our resilience appeal and generate more income than ever to ensure we continue to provide specialist care for our patients and their families. That's why Jane's support of the hospice is so important, and we are very grateful for her time to help raise much needed funds for patient care.

Adding her backing to the Appeal, Jane McDonald spoke at the event to an audience of over 400 and urged local people to get involved to help the charity. She said: "Wakefield Hospice provides crucial support to families during the most difficult of times. We should be incredibly proud of the work Wakefield Hospice does and how it continues to provide quality end of life care for patients, as well as providing the continuing help that is offered to families and carers.

That's why I'm backing the resilience appeal to raise money so the hospice can keep supporting the families and local community that rely on its services. Please support the campaign – it's so vital."

The appeal sets out to raise £250k to

The expressions of support we've already received from local people and businesses alike is fantastic, and a reflection of how important and valued our work is. There's a long way to go, and we need as many people as possible to get behind our resilience appeal, share it with their families, friends, work colleagues and wider networks, and help us reach our £250k goal."

We will be announcing a programme of resilience appeal fundraising events and campaigns soon that we will be urging the local community to support, but in the meantime for more information and to donate towards the appeal, please visit

www.wakefieldhospiceorg.org.uk/appeal

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Welcome

Dear friends, supporters and colleagues,

Welcome to our summer newsletter. As I write this introduction, the plants, trees and shrubs in the hospice gardens are bursting forth with colour and many shoots of new growth, following on from the beautiful spring flowers. It really is a wonderful time of the year.

In my eight years as a trustee at Wakefield Hospice, the last two (during the Coronavirus pandemic) have been the most challenging, as plans and blueprints for celebrations, activities and major refurbishments had to be shelved, and life generally was anything but normal.

Last autumn, the trustees spent a full day considering the future strategy and direction of the hospice, and from this day I began to see the first signs of new opportunities for the future. In fact, it was a glimpse of a brighter future for growth and developments, underpinned by the need for much hard work.

As the cost of care and our activities continue to rise, we must secure new sources of regular income by diversifying our range of commercial activities and expanding our retail operations.

The hospice staff and volunteers have worked very hard to keep expenditure under control and strengthened the justification for increased investments in patient care so that trustees can make sound decisions about how to spend the precious funds raised and kindly donated by all of you - our supporters, colleagues and friends.

Although we were unable to celebrate our 30th anniversary in 2020, we will celebrate The Queen's Platinum Jubilee by planting

eight blossom trees in the hospice gardens, in memory of those eight pioneering nurses who came together in the 1980s to create what is now our much-loved Wakefield Hospice – sadly the last of the eight nurses, Phyllis Chapman passed away in December 2021.



I continue to be amazed by the total dedication of our colleagues who remain on the frontline delivering high quality end of life care, as well as those who support them to do so. They all do a superb job every day, as do our volunteers and staff across the wider hospice organisation.

Of course, none of us at Wakefield Hospice would be doing what we do without the time, energy, effort, enthusiasm and resources of you - our supporters. Please continue to support us so that we can continue to support people in the Wakefield community who have either palliative or end of life care needs, and their families and loved ones.

The year ahead is about growth and development, let's continue to work together to nurture, grow and further develop those vital services for the next thirty years and beyond.

Paul Howatson
Chair, Board of Trustees,
Wakefield Hospice

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In the Community

During this past year our wonderful supporters continued to find many ways to raise funds for our patients and their families.



All in all, our community has certainly put the FUN in fundraising. To everyone that has supported and raised money for Wakefield Hospice this past year, thank you.

Following a year of mainly staying home, when they were able our supporters took to the great outdoors with challenges on land, in water and even the skies. They jogged and ran for miles and miles; cycled up hill and down dale; climbed mountains; swam across lakes; flew through the skies strapped to the wings of an aeroplane and jumped out of planes at 15,000ft.

When hospitality venues, shops and workplaces re-opened our supporters threw themselves into fundraising with charity nights, bake sales and raffles to mention but a few. At home they got together with neighbours for street events and afternoon teas. All in aid of Wakefield Hospice.





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Hidden Gems is a new venture run by Wakefield Hospice with all profits going to patient care.

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Hidden Gems will be a 50/50 agency but will also stock a range of brand new giftware, accessories such as scarves and handbags and home furnishing items.

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Dementia Day Care Services

This unique service is led by our Hospice Admiral Nurse and run by our Hospice Dementia Team. Our knowledge and expertise offers support for the person living with dementia and advice and support to family carers, including one to one sessions, education, signposting and referrals to other services where appropriate.

We recognise that each person living with dementia has their own specific needs and we aim to provide bespoke care and support whilst providing respite care to family carers. Being a carer can be both rewarding and demanding, it's important that time out of caring is made available in order for carers to look after themselves.

We offer

This paid for service is currently open two days a



week to provide individualised care for people at different stages of dementia. We offer half or full days for people living with mild to moderate dementia and a separate half or full day for people living with moderately severe dementia. We can be flexible with opening and closing times to support family carers.

Bespoke Activities and Therapies

Listening to and getting to know people as individuals is one of the most important things we do, this ensures people attending our dementia day care service get the very best out of their visit. Staff ensure that every person can get involved in something they enjoy; by providing a good range of activities and delivering truly person-centred support. Our dementia day care service promotes health, wellbeing and independence.

We focus on supporting people to retain their skills, and to gain new ones such as indoor and outdoor activities, life story work, reminiscence



therapy and Advanced Care Planning. In the very near future we hope to have an Activity Coordinator joining our team to enhance our services. We are hosting a Queen's

Platinum Jubilee tea for our dementia day care service users on Monday 6th June, where we are looking forward to entertainment from a musician and lots of singing.

What our family carers have said

'When we got back home he sat in the porch and said he wanted to go back. I can't thank you enough. It was quite an emotional day and I was so relieved that he had settled in and he can come back next week. Thank you so much.'

'I am amazed just how much you have achieved in such a short space of time. You're brilliant!'

For more information

If you would like to know more, please contact the Dementia Team at Wakefield Hospice on 01924 331400 to discuss what help and support we can offer.



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Struggling to keep your house clean or just need a little extra help?

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The Wakefield 10k is back!

The Wakefield Hospice fundraising team finally and enthusiastically pulled off the 10k and 1k dust sheets and went full speed ahead planning this year's event held on Sunday 20 March at Thornes Park, Wakefield.



This was the first major event for the hospice following the pandemic and the first live 10k & 1k in three years and what a special one it was! Filled with

community spirit, smiles and solidarity, we must say thank you to the 1,500 runners who paid to enter the race. Not forgetting all the families and supporters who came on the day to cheer the runners on. It was amazing to see both new and old faces watching in the crowds and crossing the finish line. Every runner, every penny, every moment counts!



The Wakefield Hospice 10k & 1k has always been an integral part of the hospice's fundraising calendar, and the event simply couldn't go ahead without the support of the many people who made the event happen including our generous sponsors The Card Factory Foundation, suppliers, officials and our huge team of hospice volunteers.

We are on target to raise an incredible £45,000 for patient care. A figure that simply couldn't be achieved without the invaluable support of everyone involved. We are so grateful for everyone's time, energy and commitment to the event and we're already counting down the days until we see some old (and hopefully) new faces at next year's event on Sunday 19 March 2023.

Save the date!

10k a day in May

Good luck to Sarah Powala and the 'Green Army' running, cycling and walking 10k every day in May. The challenge started on 1 May with the group running from the hospice. It was a special way to start as one of our patients waved to the runners as they set off, a poignant moment for everyone and a gentle reminder of why we do what we do.





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Fundraising Groups

The Wakefield Hospice volunteer Fundraising Groups could not wait to get back to doing what they do best – raising money! In August, they were excited to begin organising their calendar of events including coffee mornings, cream teas, concerts and bucket collections. All our volunteers are wonderful advocates for the hospice in our community.

This year we said 'au revoir' to two of our volunteer Fundraising Group Chairs and other members, several of whom had been supporting the hospice since its very first days. We can't thank them enough for all that they

have contributed, volunteering their time and resources to raise much needed funds for patient care over the years. Although they have stepped down as Chairpersons, we have it on good authority that they will continue to help with fundraising.

Our Fundraising Groups have gathered renewed enthusiasm and have already gained new members but are always on the lookout for more. If you would like to help one of the groups at their events or you would like to start a new group please get in touch with our Community Fundraiser, Alison Wainwright, on 01924 331401 or email alison.wainwright@wakefieldhospice.co.uk



Retiring chairs, Ian Chapman and Jean Hann



Share your story

If you have a story about your experiences with Wakefield Hospice; our care and support for you or your family member, a fundraising challenge that you're taking part in, or you'd like to tell us more about a way that you're supporting us, we would love to hear from you.

How to get involved

All we ask for is your name, email address and telephone number and brief details of your story. A member of our stories team will then be in touch to have a chat about your story, guide you through the process and make you feel as comfortable as possible.

Alternatively, you can email us at enquiries@wakefieldhospice.co.uk or give us a call on **01924 331400**.

How will my story be used?

There are many different ways we use real life stories to make a real difference for people living with a terminal diagnosis, and their families, and people who've shared their story often find it a really positive experience.

Unfortunately, we can't guarantee that we will publish your story, but we will do our best to. We would never consider using any part of your story without asking you first.

Your story may be used on our website or social media, in the press, as part of a fundraising appeal or perhaps as part of our Impact Report to show the difference Wakefield Hospice makes. However we use

your story, we will always talk you through the consent process and explain how and where your story will be used.



Your story could take the form of a video interview, a news story on our website, an article in the press or a post on our social media pages. You can see examples of our work at the bottom of this page.

We believe that sharing your stories and personal experiences is very powerful and can make a real difference raising the awareness of the work we do in supporting patients, families and carers, dispelling myths about hospice care and inspiring others to fundraise and volunteer.

Jane's story

Jane applied to volunteer in December 2020 but due to lockdowns she didn't start volunteering until June 2021. Jane volunteers three afternoons a week and does a fantastic job looking after the plants and pots in the hospice gardens.

Jane loves being outdoors and during lockdown she spent more time gardening and discovering more about horticulture and floristry. Jane found that she had some spare time and wanted to give her time to a local worthwhile cause, helping to maintain an important area of the hospice, allowing patients and visitors to enjoy their surroundings in the gardens.

Alfie's story

Alfie has been volunteering at the hospice shop in the Ridings Shopping Centre for just over 2 years now. 'I started volunteering here because my Auntie sadly passed away in the hospice, this is my way to give back to all the staff that supported her throughout her time there.

The shop in the Ridings is very clean



and tidy and is a nice place to volunteer. Everything is easy to find and things are arranged in neat rows.

The manager Bev is very kind and we can have a good joke too. She always makes people feel welcome and is very helpful. She answers any questions and it's fun working with Bev and the other volunteers.

I would really recommend volunteering in a hospice shop, you learn new skills such as merchandising and you gain confidence speaking to people.'

Material Memory Bears

Have your loved one's favourite clothes captured in a beautiful keepsake bear. Your bear will be designed and handstitched by one of our dedicated team of sewing volunteers. The bear can be made from almost any item of clothing. Each bear is 20 – 25 cm tall when seated, and each bear is unique using the materials provided by you.

The suggested donation for each bear is £40 to cover the cost of the filling, buttons, thread and other materials needed plus a contribution to the hospice.

'I have volunteered for the hospice for the last few years, making keepsake cushions, in memory of my dear friend Sue who was cared for here. It's a privilege to be able to

work with the different garments to create a treasured keepsake for those who have lost a loved one. The material memories is such a lovely project to be involved in (not only because I love Bears) but it's creating something special to be treasured, whilst helping to support the hospice.' Cheryl Tonks, sewing volunteer



For more information visit www.wakefieldhospice.org/support-us/shop-with-us

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If you'd like to support the hospice to commemorate someone special you may wish to dedicate one of our limited edition Anniversary Roses, or perhaps a decorative leaf on the Tree of Life which stands in the hospice garden. Thank you to everyone who has dedicated a rose or leaf over the past few months to help care for patients and their families during these challenging

times. If you dedicate an Anniversary Rose you'll receive it straight away and your dedication will be added to a special page on the hospice website. If you dedicate a leaf, it will stay on the Tree of Life alongside your loved one's name for a year, after which time you'll receive the leaf to keep. You can dedicate a rose or leaf at www.wakefieldhospice.org/InMemory



Supporter Nora Wilsher with her anniversary rose

Each and every gift

We're very grateful to all the people who remembered the hospice in their Wills to help fund patient care this year. Over the past twelve months these special gifts have been a vital source of income, large or small, we appreciate every pledge of support. If you'd like to leave a gift to the hospice you may like to take part in our 'Make a Will Week' scheme. This is an ideal opportunity to have your Will written or



updated by a professional and support the hospice, as all the participating solicitors waive their usual fees in return for a donation. There's no obligation to include the hospice in your Will but we hope people consider pledging a small gift to help provide hospice care for the people of Wakefield. Find out how to take part in 'Make a Will Week' and remember the hospice in your Will at www.wakefieldhospice.org/Wills. Our next Make a Will Week will be held in September.

A tribute to a loved one

If your loved one was cared for at the hospice or elsewhere, you're welcome to create a Tribute page for them. Some people create a page for friends and family to contribute to a funeral collection or to coordinate a

fundraising challenge in memory of their loved one. Others create a page simply to celebrate their life and invite friends and family to add messages, photos, memories and stories. You can view existing Tribute



pages and create your own at www.wakefieldhospice.org/support-us/fundraising/tribute-pages/

Trust in us

Trust funding is instrumental in meeting unforeseen and unbudgeted costs and helping to fund new projects and initiatives to allow us to continue to care for patients and families.

Supporting core services has been the priority over the pandemic. With fundraising events and initiatives stifled by lockdowns and restrictions, grant funding was paramount in subsidising affected income streams. We're so grateful that funders shared this vision and have given so generously to ensure the continuity and development of valuable services.

Virtual Beds



Wakefield Hospice is delighted to have received over £32,000 in grants to progress a remote Hospice at Home programme 'Virtual Beds'.

Without the need for a referral, Virtual Beds operate in the same way as a hospice bed but patients, families, carers and professionals can all access expert knowledge, advice, practical and emotional support through the 24/7 helpline (available 365 days a year). It is a very cost effective way of providing greater equity of access to hospice care to:

- Support loved ones and carers to maintain a patient's wish to die in their preferred place of residence/care
- Support individual preferences, religious/cultural beliefs and needs
- Provide continuity of care for those too poorly to transit for hospice admission
- Enable patients to stay comfortably and safely in their own home

Thank you to all the charitable funders who have made this difference for the Wakefield community. Their support has funded 1104 hours, or 46 days of support

Bereavement support for young people



Wakefield Hospice recognises that a life limiting diagnosis and a death affects the

whole family. For children and young people this can be a very confusing, scary and lonely time.

Funding towards the family care and bereavement service has supported young people through a very traumatic time, helping them better understand their own feelings and participate in society as independent, mature and responsible individuals.



Special thanks to the Nadezda Foundation. After an initial donation towards this service, they have recently confirmed an annual gift which will be hugely valuable in changing the lives of the children affected by bereavement.

Dementia Day Care



As part of its commitment to caring for people living with dementia, Wakefield Hospice offers a person-centred, dementia day care service.

Funding has supported its growth and a new 'out of hours' development to help people

affected by 'Sundowning'. We believe this to be the first service of its kind that we know of, offered by a hospice in the UK.

A quick call for help



The inpatient unit (IPU) at Wakefield Hospice relies on a nurse call system, whereby patients can quickly summon help by pressing a button or pulling a chord alerting healthcare staff via a pager system, allowing staff to respond immediately wherever they are in the building.

The current system is over 30 years old (installed when the hospice was built) and is now unreliable and costly. We're so grateful to the funders who have responded so positively to our 'quick call for help', moving us ever closer to the final project total.

Breathlessness



of a handheld fan which can offer instant relief to patients. A cool draught of air cools the cheeks, nose and mouth and sends a message to the brain which reduces the feeling of breathlessness.

Thank you so much to The Caron Keating Foundation for their wonderful support. Their grant was used to support the vital work our physiotherapists provide to reduce the feeling of breathlessness for inpatients, including the gift

LED the way to a brighter future



Thanks to four generous cash grants, Wakefield Hospice is a big step closer towards a brighter future. Charitable funding has been sought to replace all incandescent light bulbs across the hospice building with light emitting diode (LED) alternatives. To date, the hospice has received a wonderful £18,000 in cash grants; half the total project amount.

Diversity



Wakefield Hospice currently has very little contact with people from black, Asian and ethnic minority backgrounds. Figures show that admissions and attendances of minority group members within our community are disproportionate to their population – something the hospice is keen to address. £30,000 funding was secured to launch a project designed at identifying and reducing/removing perceived barriers to hospice care. Work is ongoing, including the employment of a new community liaison post to reach out to, and connect with, leaders and critical friends within minority groups across the community.

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Our eBay shop has given us the opportunity to reach even more customers, both in the UK and across the world. Since launching in 2019 we have raised over £350,000 for patient care by selling items which you have donated.



The hospice eBay team are always busy creating new listings to ensure that our shop is stocked with over 2,000 wonderful items in categories as diverse as books, toys, media, clothes, shoes, furniture and collectables.

In April we successfully launched our biggest ever auction selling dresses donated by the singer and Loose Women star, Jane McDonald. The stunning dresses had been worn on some of Jane's sell out shows across the UK including Live In Blackpool, London Palladium and Wolverhampton Grand Theatre. In total the auction raised almost £10,000 in just 10 days.

To view our current listings please visit www.ebay.co.uk/str/whretailshop. As a bonus for local customers, postage costs can be saved by collection of your purchase from our George Street shop.

Retail Therapy

Our charity shops are looking bright and ready for the new season ahead so shopping this summer doesn't have to be a guilty pleasure. There are so many reasons to shop with us, here are just a few.

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You are helping us to care! All the funds we raise in our shops help to provide patient care at the hospice so when you shop, you are showing that you care for your community.



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Despite the uncertainty many businesses have faced over the past year, we have been overwhelmed by the continued support of our business buddies and advocate partners. Local companies that support the hospice financially and through gifts in kind.

Their partnership helps us to continue to care for patients and families in the Wakefield district.

The club is open to companies of any size and sector who can offer support through fundraising and direct donations. Business buddies and advocate partners have the opportunity to meet regularly through networking events.

Our advocate partners hold similar values to ours and demonstrate their commitment with funding and actively promoting the hospice cause. Advocates are valued partners who want to build a lasting relationship with us as hospice ambassadors and we are so grateful to our current advocate partners for their ongoing support.

Does your business share our values of community, quality, service and a commitment to caring?

Then you could be the kind of partner we are seeking to be a business buddy or advocate partner.

If your business would like to support our charity and become ambassadors for the hospice, then we'd like to hear from you. Please contact Keeley Harrison on 01924 331401 or email keeley.harrison@wakefieldhospice.co.uk

Forthcoming Events

Platinum Jubilee Cream Tea

Thursday 2 June, 1-4pm
Wakefield Hospice

Join us to celebrate The Queen's Platinum Jubilee with cream tea, pizza oven and bar, stalls and entertainment. Free parking at Pinderfields staff car park.



We are also a host venue for lighting a Jubilee Beacon which will be lit at 9pm.

Golf Day

Friday 24 June,
Wakefield Golf Club

Teams of four are invited to play. Registration is £400 per team which includes a light lunch, 18 hole golf tournament and prize presentation dinner. Kindly sponsored by Ashleigh Signs, IJS Project Developments and Simpson Packaging.

Pyjama Walk

Saturday 9 July

Back by popular demand with a 5 & 8 mile circular walk starting and finishing at the home of our event sponsor - OE Electrics in Durkar.

Come join us, grab ya comfies and let's GLOW walk for Wakefield Hospice. We encourage you to wear your pyjamas, onesies and loungewear for this fun filled event!



Registration is £15, this will help cover the cost of care dusk till dawn – just as our nurses start their night shift.

After a pre-walk party you'll set off on your walk and on return will be greeted by a hot drink and breakfast buttie.

Butterfly Appeal

This summer, we invite you to dedicate a butterfly to a loved one and help create a beautiful display in the hospice garden as well as an online photo gallery for everyone to view. In return for a donation to help fund patient care you will receive a

butterfly template to decorate, or we can decorate a butterfly for you. The photos of all the butterflies will

be used to create the colourful display which you can visit at the hospice on 20 August.





Skydives & Wingwalks

Why not sign up to skydive for Wakefield Hospice? You have the chance to jump out of a plane at 15,000ft. £50 deposit and minimum sponsorship of £420.

Or are you brave enough to Wingwalk? For a deposit of £75 and a minimum sponsorship of £600 you could be walking on the wings of a plane.

Outdoor Theatre Show Tuesday 23 August, Woolley Recreational Ground

Presented by Illyria, Peter Pan
Tickets Adult £15, Child £6,
Family £34 (2 adults,
2 children)

Great North Run Sunday 11 September

Fancy a challenge? Why not take on the iconic Great North Run for Wakefield Hospice this September. Could you be one of our 25 runners?

If you would like to run for us, there's a £58 registration fee and then we ask that you aim to raise £350 sponsorship.

Join Wakefield Hospice on this half marathon journey, taking you from the heart of Newcastle to the charming coastline of South Shields. With over 57,000 runners this race fills fast, so don't miss out...

The Dark Peak Sportive Sunday 18 September

After 7 years, The Wakefield Hospice Dark Peak Sportive is back!

This year we have devised three routes. Standard – 40k/25m, Hard – 78k/48m, Extreme – 117k/73m. This event is made for all levels of cycling, on each route there will be snack stations to replenish, catch your breath and get ready for the final stretches.

Your booking will include a branded technical t-shirt for you to keep. Booking price varies from £22.50 – £27.50, dependant on the route you choose.



All our events are organised by and for Wakefield Hospice, all proceeds helping to provide specialist care and support for our patients and families.

Details of all our events and activities are on our website www.wakefieldhospice.org/events

Follow us on Facebook,
Twitter, Instagram, LinkedIn



Wakefield Hospice, Aberford Road, Wakefield, WF1 4TS

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e: enquiries@wakefieldhospice.co.uk

t: 01924 331400 (reception) 01924 331401 (fundraising)

Wakefield Hospice is a Registered Charity No. 518392





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Keep in touch

Wakefield Hospice will look after your details carefully. We'd like to keep you up to date about our services, events and initiatives. Please tell us your preferences:

I'm happy to receive information from Wakefield Hospice about forthcoming fundraising events and activities by

email post phone call

You can update your preferences at any time by contacting us on 01924 331400 or visit www.wakefieldhospice.org/Support-Us/Fundraising/Data-Protection

Please return in the enclosed reply envelope to: Wakefield Hospice, Aberford Road, Wakefield WF1 4TS Alternatively you can donate online at www.wakefieldhospice.org/donate or call us on 01924 331401.

Thank you for your support.