

NEWSLETTER

SPRING 2021



Thank you to everyone who has supported and raised money for Wakefield Hospice this past year – we appreciate every donation, every message and every offer of support.

During this past year our supporters stayed home, stepped out and stepped up to raise funds for our patients and their families.

While staying at home, they kept busy and got creative. They painted pictures, sewed masks, baked cakes, produced afternoon teas and Christmas Eve sweet jars, built bird tables and shaved off their hair and beards.

When stepping out, our supporters not only stepped outside for exercise but also out of their comfort zone. They jogged and ran for miles and miles, got on their bikes and cycled up hill and down dale, climbed mountains, rode over 1000 miles on a motorbike, adorned their house with thousands of Christmas lights and decorations, flew through the skies strapped to an aeroplane and jumped out of a plane at 15,000 ft.

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Dear Friends and Colleagues,

It is an absolute pleasure to welcome you to the spring newsletter, I hope you will enjoy reading updates and news from the hospice.

There is something uplifting and optimistic about the lighter evenings and the early sunshine, and recognising the sadness and the difficulties of the past twelve months, it's a joy to be looking forward to brighter more positive times ahead.

This has been a year of challenge and of loss for many of us. Staff, volunteers and supporters have rallied to ensure the continuation of our services to patients and families despite sickness and anxiety, and in the context of personal and professional demands that have never been experienced before.

In 2020 we celebrated our 30th anniversary. We had many special events and activities planned throughout the year to mark the occasion. We were extremely disappointed that all of the special events planned, for example our anniversary ball had to be cancelled due to the pandemic. We are immensely proud to have served our local community for the past 30 years and hope to continue to share the care for generations to come.

The hospice Board of Trustees has seen the arrival of a number of new colleagues, who are keen to get to know the hospice family, and are looking forward to the time when

they can get together 'in real life', supporting hospice events and activities.

Together, the Board takes on enormous responsibility, planning carefully to ensure that we continue to deliver excellent service to the community of Wakefield and make prudent use of the generously donated funds. Our refreshed strategy for this year focuses very much on partnership working, and on the many advantages of agreeing a single voice for hospices, both in Wakefield and across the West Yorkshire and Harrogate region, sharing good practice and agreeing the best way forward for Palliative and End of Life Care.

I will of course ensure that you are all kept up to date with any hospice developments, and I hope you will feel able to share with me any thoughts or opinions you may have to guide our work. I'll be delighted to hear from you.

Warm wishes for a peaceful and healthy year ahead.



Tina R Turner
CEO



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Wakefield & Dewsbury

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A tree-mendous effort

There were doubts about whether we could run our usual Christmas tree collection service in January but with the support of our volunteers and staff we were able to go ahead with the collections all managed safely within the Covid guidelines.

This year was our most successful year, collecting 1,600 trees over five days and raising £21,000 for patient care.

The trees were taken to Woolley Edge Christmas Tree Farm where they were chipped and will be used on the farm as mulch to help grow new trees this year.

We would like to say a huge thank you to all the volunteers who helped. Arrow Self Drive and SB Wakefield for the loan of the collection vans, DHL who planned the collection routes and Woolley

Edge Christmas Tree Farm for their support.

Thank you to everyone that booked a collection to support the hospice.



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Wakefield 10K goes virtual

In February we made the difficult decision not to hold the Wakefield 10K road race that was due to take place on Sunday 21 March.

The event had already been postponed twice due to the pandemic and with the safety of our runners, volunteers and staff our priority we felt this was the most sensible decision.

Over 1,100 runners had already paid to enter the race so we asked them to donate their entry fee to the hospice and run their own 10K. We have been overwhelmed by the generosity and support we have received with so many of the runners donating and running their own 10K or 1K mini-run for children.

Many thanks to Card Factory Foundation for sponsoring the Wakefield 10K, we are very grateful for their continued support and partnership.

We would like to express our thanks to all the runners who supported the Wakefield 10K and generously donated their entry fee and raised sponsorship helping to raise £25,000 for patient care. We are so grateful and all being well we look forward to running together on Sunday 20 March 2022 when we hope to host a live 10K.



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We continue to care 24/7

Wow – what a year it has been for everyone! The pandemic came at us like a roller coaster and just like all other health care services the hospice had to adapt very quickly to new ways of caring for our patients. Care and compassion has never been so important and I would like to say how proud I am of the staff at the hospice who have kept the person at the centre of all that we do even if we have to do it in masks and visors!

In March 2020 we made the decision to close the day therapy unit for face to face support – for what we thought would be a few weeks! Since this time we have provided telephone calls to patients, carers and bereaved families to ensure they were not left feeling isolated. Especially as so many of our patient groups are highly vulnerable and were required to shield. We provided Christmas activities and contact and since November our music therapist has provided virtual music therapy to patients and carers. This is proving very effective especially for those people living with a diagnosis of dementia.

Our bereavement counsellor has provided virtual support for bereaved families and we are now at the stage of being able to offer socially distanced face to face support where needed. We have also been a key member of the Yorkshire and Harrogate

Grief and Loss Helpline service supporting people across the region experiencing a bereavement.

In August we wished our long serving medical director, Dr Anne-Marie Seymour, a fond farewell.

Anne-Marie retired after working at the hospice for 24 years; in recognition of her service the Day Therapy Unit has been renamed 'The Seymour Suite' as a tribute to the dedication and commitment Anne-Marie gave to the hospice movement and end of life care.

The hospice has always been a key partner in educating and upskilling other health and social care providers. This has continued during the last 12 months through virtual platforms. We have become a hub for training on advanced

care planning – allowing people to make decisions around their end of life care. Our accredited advanced communications skills trainer has worked

with another hospice to upskill care staff to talk to people with life limiting illnesses and their families in a more caring and compassionate way.

We have continued to support patients all through the pandemic both to improve symptoms, quality of



life and to meet the end of life needs of those who spend their last days and hours in Wakefield Hospice.

To do this we have found inventive ways of keeping families connected, including talking books and cards, facetime, email and the dreaded Zoom! It has also been incredibly important for us to support compassionate visiting for patients approaching end of life – including pets where possible and the introduction of lateral flow testing for all visitors made this even more safe and achievable.

We have continued to support patients all through the pandemic to improve their symptoms and quality of life, and to meet the needs of those who spend their last days and hours in Wakefield Hospice.

Hopefully as we move forward with the road map out of the pandemic we will be able to re-establish some of our curtailed services including complementary therapy and domiciliary support for



service users. Also looking at how we can support our local communities to meet their needs and wishes for high quality end of life care in the place that is right for them.

Thank you to everyone who continues to support us so that we can get on with the day (and night) job of high quality palliative care in Wakefield.

Alison Harwood
Director of Clinical Services

"It's lovely to hear from you and know that someone cares" these were the words used by Jim on one of his contact calls with Carol from our Day Therapy support team during the pandemic. To ensure that our care can continue (whatever challenges we face) we urgently need more regular givers to support Wakefield Hospice. If you feel you can give an ongoing contribution to our work please complete and return the regular giving form on page 27.

THANK YOU.

Fundraising Groups



Our fundraising groups have been unable to host their traditional fundraising events but they have been creative by knitting and sewing. Members of the local Knit and Natter Group supported the Sandal Fundraising Group before Christmas.

The Wakefield Hospice Fundraising Groups can't wait to get back to doing what they do best – raising money! They organise their own calendar of events including coffee mornings, afternoon teas, concerts and quiz nights. They also organise bucket collections, manage collection boxes in their areas and are wonderful advocates for the hospice in our community.

Our fundraising groups are always on the lookout for new members, if you would like to help one of the groups or you would like to start a new group please get in touch with our Community Fundraiser, Alison Wainwright, on 01924 331401 or email alison.wainwright@wakefieldhospice.co.uk





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Andrew Gullett is our specialist Wills and Probate Solicitor who has a particular interest in acting for people who have been diagnosed with dementia. Andrew is also a member of Solicitors for the Elderly www.sfe.legal. Please contact him direct for a free initial chat: 01924 332395 ag@kingstreetsolicitors.co.uk

If you require any further information about any of our services, or if you simply wish to make an appointment, please get in touch. We are here to help and advise you.

Kind regards,

Andrew

Andrew Gullett
Solicitor
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A tribute to a loved one

If your loved one was cared for at the hospice or elsewhere, you're welcome to create a Tribute page for them on the hospice website.

Some people create a page for friends and family to contribute to a funeral collection or to coordinate a fundraising challenge in memory of their loved one. Others create a page simply to celebrate their life and invite friends and family to add messages, photos, memories and stories. You can view existing Tribute pages and create your own at www.wakefieldhospice.org/InMemory



Each and every gift in a Will makes a difference



We're very grateful to all the people who have remembered the hospice in their Wills to help fund patient care. Over the past twelve months these special gifts have been a vital source of income and we appreciate every pledge of support, large or small. If you'd like to leave a gift to the hospice you may like to take part in our

'Make a Will Week' scheme. This is an ideal opportunity to have your Will written or updated by a professional and support the hospice at the same time, as all the participating solicitors waive their usual fees in return for a donation. There's no obligation to include the hospice in your Will but we hope you will consider pledging a small gift to help provide hospice care for the people of Wakefield. To find out how to take part in 'Make a Will Week' and remember the hospice in your Will please visit www.wakefieldhospice.org/Wills

Verbena Appeal

There's still time to support our new Verbena Appeal with a donation in memory of someone special. In return for a donation towards patient care you will receive a packet of easy-to-grow flower seeds with a keepsake card showing the name of the person you're remembering. If you have a garden you can sow the seeds at home, or you may wish to ask a friend or family member to sow the seeds in their garden. We'll also sow seeds at the hospice for people who don't have access to a garden. Growing these flowers together after such a difficult year will symbolise renewed hope and optimism as we look ahead to the future.



The seeds can be sown straight in the ground in late May and will start flowering either this summer or next summer, producing tall, purple blooms from July to October each year. We will ask you to send us a photo of your flowers to create a permanent floral tribute on the hospice website. Everyone will be invited to view the online gallery and see all the dedications. Whether your flowers start to bloom this summer or next year, together we will grow our

online gallery as a permanent tribute to all those special people we're celebrating with our beautiful display.

You can take part in the appeal whether or not you have a link to the hospice, and if you've been bereaved recently or some time ago. Find out more at www.wakefieldhospice.org/verbena-appeal

Butterfly Appeal



This summer we invite you to dedicate a butterfly to a loved one and help create a beautiful display in the hospice garden as well as an online photo gallery for everyone to view. In return for a small donation to help fund patient care you will receive a simple template to decorate, or we can decorate a butterfly for you. The photos of all the butterflies will be used to create the colourful display. You can dedicate a butterfly whether or not you have a link to the hospice, and if you've been bereaved recently or some time ago. Find out more at www.wakefieldhospice.org/butterfly

Remember someone with a special gift

If you'd like to support the hospice to commemorate someone special you may wish to dedicate one of our limited edition Anniversary Roses, or perhaps a decorative leaf on the Tree of Life which stands in the hospice garden. Thank you to everyone who has dedicated a rose or leaf over the past few months to help care for patients and their families during these challenging times. If you dedicate an Anniversary Rose you'll receive it straight away and your dedication will be added to a special page on the hospice website. If you dedicate a leaf it will stay on the Tree of Life alongside your loved one's name

for a year, after which time you'll receive the leaf to keep. You can dedicate a rose or leaf at www.wakefieldhospice.org/InMemory





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Our work funded by grants

Grant funding has been instrumental in meeting unforeseen and unbudgeted costs, supported new ways of working and launched new projects as the hospice adapted to working in the pandemic.

Funders themselves have been put under incredible pressure and the hospice remains forever grateful for every single penny received, helping us through these turbulent times and working towards a brighter future.

Some key highlights include:

- **£41,900** emergency 'coronavirus' grants
- Winning **£10,000** worth of Visualite technology (sensory and wellbeing lighting) at the European Healthcare Design Congress
- Capital grant offer of **£41,190** from the Wolfson Foundation which will fund a new ozone laundry for the next 5 years
- **£40,000** grant from Hospice UK to upgrade day therapy providing a more suitable and safe environment



for people with advanced dementia and a further **£7,000** from other funders towards a new dementia day care service

- **£30,000** cash grants from CRASH, National Lottery and The Hobson Charity to resurface the front car park. The CRASH Charity also saved the hospice **£12,685** via donated materials and surveyor reports from their patrons Hanson, Marshalls and Arcadis

- **£11,994** from the People's Postcode Lottery Trust supporting a collaborative project between Wakefield Hospice and Wakefield Prison

- Winning a **£5,000** grant towards the new Caring Communities project through employee nomination and staff votes at the Lloyds

Banking Group as part of the Halifax Community Fund

- Winning **£2,500** grant from a customer nomination to the OneFamily Foundation to fund talking albums which are keeping families connected.

Other funding gratefully received includes:

- **£14,565** received towards essential staff salaries, including the healthcare team, bereavement support and family care
- **£250** towards new teddy bears, supporting pre and post bereavement needs of children
- **£1,700** towards grounds maintenance
- **£44,030** of unrestricted grants
- **£1,682** for a new rise recliner chair
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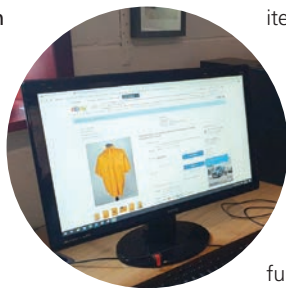
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Throughout the pandemic our team have juggled family, childcare and home schooling to keep our store stocked with up to 1,800 items at any one time.

Although our high street shops were closed, our retail team were still able to raise vital funds for patient care.

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Despite the uncertainty many businesses have faced over the past year we have been overwhelmed by the continued support of our business buddies and advocate partners. Local companies that support the hospice financially and through gifts in kind.

Their partnership helps us to continue to care for patients and families in the Wakefield district.

The club is open to companies of any size and sector who can offer support through fundraising and direct donations. Business buddies and advocate partners have the opportunity to meet regularly through networking events which have been held on Zoom during the pandemic.

Our advocate partners hold similar values to ours and demonstrate their commitment with funding and actively promoting the hospice cause.

Advocates are valued partners who want to build a lasting relationship with us as hospice ambassadors and we are so grateful to our current advocate partners for their ongoing support.

Does your business share our values of community, quality, service and a commitment to caring?

Then you could be the kind of partner we are seeking to be a business buddy or advocate partner.

If your business would like to support our charity and become ambassadors for the hospice, then we'd like to hear from you. Please contact Keeley Harrison on 01924 331401 or email keeley.harrison@wakefieldhospice.co.uk



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It's been a difficult time for our team of loyal volunteers who usually support all areas of the hospice and retail operations. However due to the pandemic most of our volunteers had to shield and stay at home.

We've missed them and look forward to welcoming them back in the coming months.

Inevitably some of our volunteers will not be able to return to their roles and we are always looking for new volunteers to use their skills to support the work of the hospice. If you are interested in hearing more about volunteering and the roles available please complete and return this form or contact us on 01924 331400 or email elaine.king@wakefieldhospice.co.uk.

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Reflection of a morning shift at our hospice

So much has changed over the last 12 months, no hand holding, social distancing, less visitors. Having to wear masks, visors, aprons and gloves creates a barrier between our patients and us. Have we lost the small things that make the difference for our patient's and visitors?

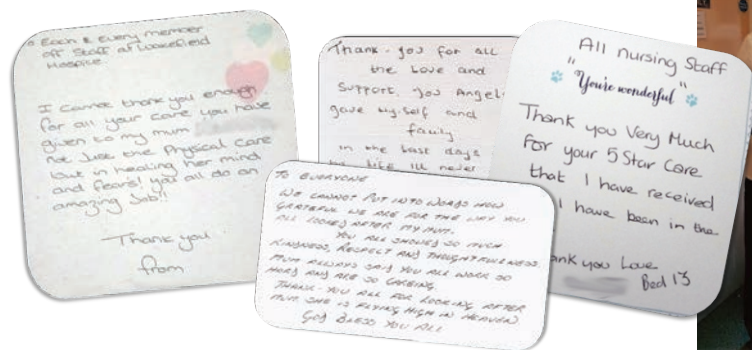
I don't think so. This morning, one of our patients didn't want anything to eat from the menu. When asked what she would like, she said 'tinned salmon is what I fancy'. So the nursing team and the catering staff went the extra mile to sort the request and the ingredients for a vindaloo curry which

another patient had requested for dinner. Another patient enjoyed a Jacuzzi bath which she was able to relax in and found eased the pain in her back.

These may seem small things but I am proud that the team here at the hospice can still work together to provide quality care for our patients.

SP Wright

Sister Sue Wright



Keeping in touch

At Wakefield Hospice our usual opening times for visiting have been greatly reduced due to the pandemic. This has been very difficult for patients and their families.

We had a limited number of computers for patients to use so they could keep in contact with their loved ones.

Fortunately we had a generous donation of laptops which greatly increased the opportunity for our patients to keep in contact with their family and friends.



One of our patients at 97 has embraced the use of technology with great zeal and has regular chats online with her cousins and her grandson in Abu Dhabi. Doris says that having the technology is fantastic and she enjoys her chats so much. 'It's a shame that other

people are not so lucky, to have the care that the hospice provides and the chance to still be able to keep close contact to the ones they care about. This opportunity means so much to me and helps keep me happy.'

Raising funds to support patient care

Firewalk

Thursday 22 April at Wakefield Hospice



Walk bare foot over glowing embers at approximately 1,200 degrees Fahrenheit.

Walkers will take part in a training session and then it's 'best foot forward!' across the embers. Minimum age is 16. Registration is £20 plus sponsorship.

Or are you brave enough to Wingwalk? For a deposit of £75 and minimum sponsorship of £600 you could be walking on the wings of a plane.

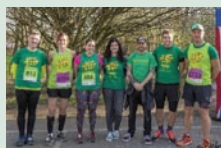
Golf Day

Friday 25 June at Wakefield Golf Club

Join us for our 30th annual golf tournament. Registration is £400 per team of four which includes a light lunch, 18 hole golf tournament and prize presentation.

10K A Day in May

1 May – 31 May



10K a Day in May was born from Sarah Powala's desire to 'give back' to Wakefield Hospice after we cared for her Mum, Shirley, in 2015. If we can raise £11,500 we will be dedicating Wednesday 13th October in tribute to Shirley as this was her birthday. You can 'Dip In' and sign up to run any day in May whether it's a one off, once a week or you decide to run every day in May. Entry is £35 including a technical t-shirt. If you raise £100 in sponsorship, you will receive a 10k a Day in May hoodie.

Yorkshire Three Peaks

Saturday 17 July



complete in under 12 hours. Registration is £35 per person plus £300 in sponsorship.

Climbing Pen-Y-Ghent, Wharfedale and Ingleborough you'll ascend over 7,000 feet in total and walk over 25 miles. Traditionally those who take on Y3P aim to

Outdoor Theatre Show

Tuesday 24 August at Woolley Recreational Ground



Presented by Illyria, The Further Adventures of Dr Dolittle. Tickets: Adult £15, Child £6, Family £34 (2 adults, 2 children).

Skydive / Wingwalk



Why not sign up to skydive for Wakefield Hospice? You have the chance to jump out of a plane at 15,000ft. £50

deposit and minimum sponsorship of £420.

Details of all our events and activities are on our website www.wakefieldhospice.org/events

Follow us on Facebook,
Twitter, Instagram, LinkedIn



Wakefield Hospice, Aberford Road, Wakefield, WF1 4TS

w: www.wakefieldhospice.org

e: enquiries@wakefieldhospice.co.uk

t: 01924 331400 (reception) 01924 331401 (fundraising)

Wakefield Hospice is a Registered Charity No. 518392



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FUNDRAISING
REGULATOR

Give a regular gift to Wakefield Hospice

Please fill in the whole form including official use box using a ball point pen and send it to:

Wakefield Hospice
Aberford Road
Wakefield
West Yorkshire
WF1 4TS

Name(s) of account holder(s)

Bank/building society account number

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Branch sort code

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Name and full postal address of your bank or building society

To: The Manager	Bank/building society
Address	
Postcode	

Reference

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Instruction to your
bank or building society
to pay by Direct Debit



Service user number

1	7	4	0	7	2
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FOR WAKEFIELD HOSPICE OFFICIAL USE ONLY

This is not part of the instruction to your bank or building society.

Wakefield Hospice will take payments on the first working day of every month.

Please pay Wakefield Hospice £
(insert amount) to be taken each month / annually
(please delete).

Instruction to your bank or building society

Please pay Wakefield Hospice Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with Wakefield Hospice and, if so, details will be passed electronically to my bank/building society.

Signature(s)

Date

Banks and building societies may not accept Direct Debit Instructions for some types of account

The Direct Debit Guarantee – This guarantee should be detached and retained by the payer.

- This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits.
- If there are any changes to the amount, date or frequency of your Direct Debit Wakefield Hospice will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request Wakefield Hospice to collect a payment, confirmation of the amount and date will be given to you at the time of the request.
- If an error is made in the payment of your Direct Debit, by Wakefield Hospice or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society.
 - If you receive a refund you are not entitled to, you must pay it back when Wakefield Hospice asks you to.
- You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.

Make a donation by cash, cheque or card

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I would like to make a donation of

£.....

Please make your cheque payable to Wakefield Hospice
or complete your debit/credit card details below.

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 Issue no.....

*(last 3 digits on reverse of card)

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Date

Add 25% extra to your donation at no cost to you

☐ I want to Gift Aid my donation and any
donations I make in the future or have made in the
past 4 years to Wakefield Hospice. I am a UK
taxpayer and understand that if I pay less Income
Tax and/or Capital Gains Tax than the amount of
Gift Aid claimed on all my donations in that tax
year, it is my responsibility to pay any difference.

Please notify Wakefield Hospice if you...

- want to cancel this declaration
- and/or change your name or home address,
- and/or no longer pay sufficient tax on your
income and/or capital gains.

If you pay Income Tax at the higher or additional
rate and want to receive the additional tax relief
due to you, you must include all your Gift Aid
donations on your Self-Assessment tax return or ask
HM Revenue and Customs to adjust your tax code.

Signature

Date

Keep in touch

Wakefield Hospice will look after your details
carefully. We'd like to keep you up to date about
our services, events and initiatives. Please tell us
your preferences:

I'm happy to receive information from
Wakefield Hospice about forthcoming
fundraising events and activities by

☐ email ☐ post ☐ phone call

You can update your preferences at any time by
contacting us on 01924 331400 or visit
[www.wakefieldhospice.org/Support-Us/Fundraising/
Data-Protection](http://www.wakefieldhospice.org/Support-Us/Fundraising/Data-Protection)

Please return in the enclosed reply envelope to:
Wakefield Hospice, Aberford Road, Wakefield WF1 4TS
Alternatively you can donate online at
www.wakefieldhospice.org/donate or call us on
01924 331401.

Thank you for your support.