



Introduction to End of Life Care

Introduction to the key principles of supporting people living towards the end of their life with long-term or terminal conditions, including dementia.

This three-hour training will help participants to gain an understanding of:

- What is Palliative Care and End of life Care
- What their role is in supporting people at the end of life;
- How to work collaboratively with other professionals involved in the person's end of life care;
- How to support people to plan ahead for their future health and social care needs;
- Skills to enhance effective and sensitive communication;
- Identify individuals and families priorities of care in the last few days/hours of life.
- How to recognise own needs and develop strategies to support self-care and build resilience.

Suitable for:

Any health and social care support workers who have not previously studied within this area.

Format:

The day will include presentations and group discussions.

Duration:

Three hour session 10:00 -13:00

Virtual Sessions:

For virtual sessions please ensure you have access to both microphone and camera as this session will facilitate delegates participation.

Cost: £45 per person (excl VAT)