



Managing Bereavement in the Workplace

Understanding bereavement and loss



Managing Bereavement in the Workplace

This full day training session will give participants the opportunity to develop their understanding of the principles which underpin bereavement. Suitable for all professionals/organisations/voluntary services who support people within the workplace who have or are experiencing a bereavement.

The introduction to bereavement will include the following topics:

- The Experience of grief
- Overview of theories and contemporary models of grief
- Developmental reactions to death and bereavement
- Understanding 'Complex Grief' and when to refer for further support.
- Identify symptoms of grief and how loss impacts on people experiencing loss
- Communication Skills - empathic listening and the use of appropriate language.

Suitable for:

Anyone wishing to gain a greater understanding on how to support those experiencing grief in the workplace or anyone who works in a healthcare setting.

Format:

The day will include presentations, group discussions and interactive sessions.

Duration:

One day workshop
09:30 -15:00

Virtual Sessions:

For virtual sessions please ensure you have access to both microphone and camera as this session will facilitate delegates participation.

We can also offer virtual sessions delivered via Microsoft Teams. We are very flexible in our approach and are also able to offer bespoke group sessions within the workplace for a minimum of 10 people per organisation. Please contact us for further details. Further post-training reflective sessions also arrangeable at request.

1 Hour Lunch & Learn sessions available for this course

Cost: £80 per person (excl VAT)